Life Association

Friday, 23 October 2026

Dear friends,

With Christmas approaching, why not choose a gift with real meaning this year while also supporting the work of Life Association? We are also pleased to offer new gift voucher options, making it easy for several people to contribute towards a shared gift for those special occasions.

Some of our gift voucher options help support the Tailoring School, enabling women to gain valuable skills and opportunities for the future. We are delighted to celebrate the successful completion of the 9th cohort's six-month tailoring course. The students recently marked this wonderful achievement with a graduation ceremony. In this photo the women proudly display the workbooks and project boards they completed throughout the course, demonstrating their hard work, dedication, and newly acquired skills.

The students each receive a brand-new sewing machine to help them begin their journey as skilled seamstresses and provide a sustainable income for their families. At a cost of just £144, each sewing machine comes complete with a table and essential accessories, giving graduates the tools they need to put their training into practice and build a brighter future.

Every gift voucher purchased helps support projects like this, empowering women through education, practical training, and life-changing opportunities. Your support enables graduates to turn their newly acquired skills into livelihoods, helping them gain independence and create a lasting impact for their families and communities.

If you would like to pay it forwards this Christmas, please visit our online gift store to browse our selection of gifts and new gift voucher options. Ideal for family members, friends, colleagues, or groups who wish to contribute towards a shared gift, these vouchers offer a meaningful way to make a lasting difference while supporting Life Association's vital work. Or to make a one-off or regular donation to support our work, please visit our website or contact us using the details below.

God bless you,

Lisa and the Life Association team